

Brrrrr....It's winter!!!

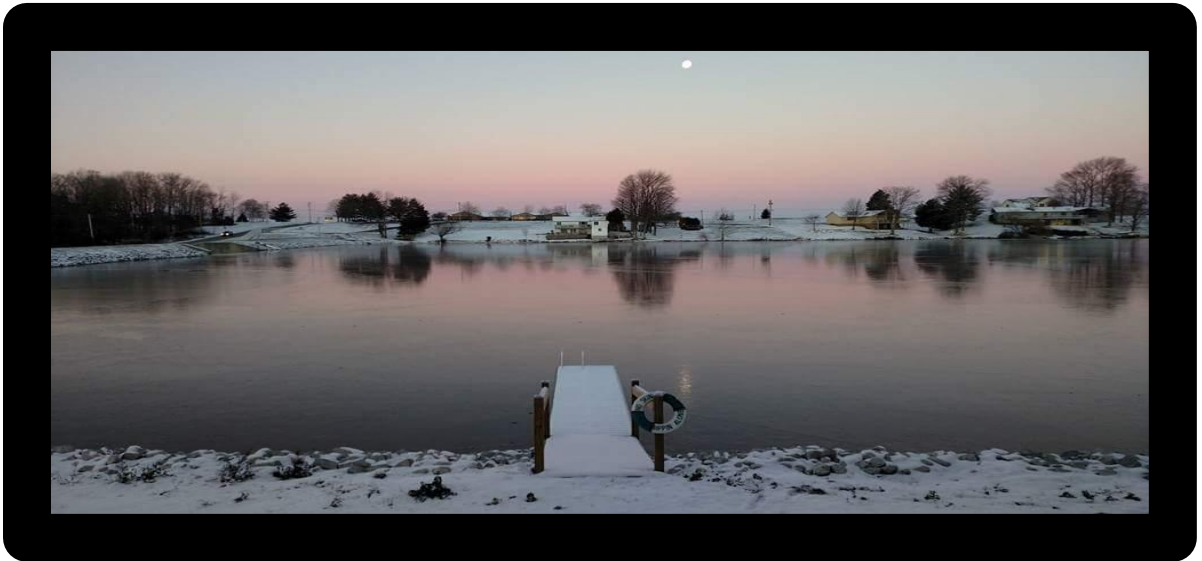


Photo by Susan Fye

<http://sloa.com>

Schaefer Lake Newsletter

January 2017

A View From The Lake

Upcoming Events

January 1st

January 16th

January 18th

February 8th

Happy New Year!!!!

Martin Luther King Day

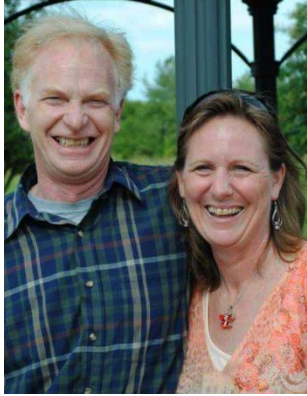
Board Meeting 7:00 P.M.

Year-End Meeting for Lot Owners



We are so happy to have new lake directories. Unfortunately, our directories will always be changing as new information is obtained or when errors or omissions are found. So, from time to time we will print information you will need to keep your directories up to date. If we have incorrect information regarding your family, please forward it to our secretary, Freida Robertson, and we will revise our records. We will then pass that information on to the general membership via website and newsletter. Here are two corrections:

Susan Brown (Lot # 27) Cell phone #2 should read: 989-948-8428



Meet Your Neighbors

By Susan Brown

As of this January, Rick and Nancy Snyder have lived on the north side of Schaefer Lake for 15 years. They are constantly doing house projects, both inside and out; and since Rick is a perfectionist, he has done most of the work himself.

Rick received his Aviation Maintenance degree from Vincennes University, and he is a former mechanic for ATA airlines. Presently Rick works as a field service engineer for Monitoring Solutions, a company that does environmental testing for power plants. Rick is also a jack of all trades, and he is “in his element” working on computers and boats and most anything that needs repairing. When Rick takes time off from work and remodeling projects, he loves to roller skate. In fact, he was a speed skater in high school and could probably give all of us neighbors a run for our money at the roller rink!

Living by the water seems apropos for Nancy who became a competitive swimmer when she was four years old. In middle school Nancy switched to competitive diving. And after graduation from high school, she attended Vincennes University on a diving scholarship. (Vincennes is where Nancy and Rick first met.) Over the years, Nancy has coached diving at various schools in Indiana, including Ben Davis in Indianapolis. In 2002, Nancy became involved in Boy Scouts as a den leader, and now she is the scoutmaster for Boy Scout Troop 543 that meets at the Moravian Church. Job-wise, Nancy has been grooming dogs for 8 years, and her company is Casper’s Clippers where business is good. When the weather is above freezing, Nancy can often be seen in her kayak paddling down the lake toward the creek with her two dogs happily aboard. Besides kayaking, Nancy enjoys bike riding and dabbling in sewing, crocheting, and knitting.

Rick and Nancy have two sons, Jerrick and Patrick. While growing up here, Jerrick was active in Boy Scouts, achieving the rank of Eagle. Now he is a young adult who lives in Greencastle and is a computer science major at IUPUI. Patrick, a junior at Hauser High School, is presently involved in robotics, and he is working towards the rank of Eagle in his Boy Scout Troop.

On a humorous note, when I asked Rick and Nancy if they had anything on their bucket list, Rick replied, "I'm still trying to find the bucket." So, if anyone finds their bucket, please return it to the Snyder's so they can begin making their list!

Happy New Year!!

Off The Deep End.....

The lighter side of lake living



By Mike Champlin



Contrary to what was previously announced, the boat ramp lock will not be changed until after the year-end meeting on February 8th. At that meeting we will vote on the new budget and the 2017 dues. You may pay your dues at that time or wait and pay them after the invoices come out in March and receive your key. The earlier plan was an attempt to get our keys and stickers on an annual basis as opposed to a seasonal one. However, it was correctly pointed out that the dues have to be approved each year before they can be assessed and paid. This takes place at the annual meeting. Thanks for your patience!

Annual Membership Meeting
Wed., February 8th at 7:00 P.M.
Hawcreek Conservation Club

Everyone is encouraged to attend the general membership meeting. The proposed budget for 2017 will be discussed and voted on as well as revisions to our Boating rules and regulations, and our watercraft registration forms. You will get an update on the projects the board has been working on in 2016. This is an ideal time to ask questions and provide feedback to the board members.

You will be receiving packets in the mail within the next 10-12 days. Your packets should contain an information sheet regarding the meeting, proposed budget for 2017, a copy of 2016 budget along with actual revenue and expenses, and a balance sheet statement. You will also find copies of the rules and regulations revisions, the watercraft registration changes and a proxy in the event you are not able to attend the meeting. Please take time to read over these carefully so you can cast an informed vote. If you have any questions after reading these documents, please feel free to contact any board member. They will be more than happy to assist you. Please note that in order for your proxy to count, you must cast your ballot by 1) mail, 2) drop box at lot #90, or 3) drop off to board secretary, Freida Robertson. Lot #13. We look forward to seeing you there.



Do you ring in the New Year with any special foods or traditions?

- **Black- Eyed Peas?** Thought to bring about general good luck and financial good fortune.
- **Pork?** Because “poultry scratches backwards, a cow stands still, and a pig roots forward”.

*“Chasing the February Blues Away
Italian Style”*

**Schaefer Lake 2017 ‘Non-Traditional’ Progressive
Dinner
Saturday, February 25, 2017
6:15 P.M.**

Did you know that years ago residents of Schaefer Lake had fun hosting progressive dinners? This concept involves a multi-course meal at multiple houses.

If you like Italian food, enjoy getting to know your neighbor’s, and would like to add some fun to the dull winter night, this is just what the doctor ordered!!

Before going forward with our plans, we would like to see how many folks within our lake community are interested in this activity. If this sounds like something you would enjoy, please take a minute and fill out the brief survey below by **January 25th** so we can organize this event.

1. Are you interested in participating in a progressive dinner?
2. Are you willing to host a progressive dinner?
3. Are you willing to provide a dessert or appetizer?
4. Do you have any questions or concerns?

You may respond to the above questions in one of four ways:

- 1 Respond to survey on Facebook
2. Respond using this link : <https://goo.gl/forms/YmVs1qfvCAy96zcj1>
3. Email: Schaefer.lake@yahoo.com
4. Call or text Jamie Champlin or Tanya Butler (see directory)

At this time we are planning three courses: appetizers, a main course, and dessert. Final details will be published in the February newsletter.

Healthy Living

By Shannon Dailey

Greek Turkey Tacos

Everyone loves tacos, right?! But sometimes don't you get tired of the same old recipe? OK, not really, we all LOVE..Taco Tuesday!! But here is a different twist to our recipe box. My family and I really enjoy these!!

For the cucumber-tomato salsa:

3 Roma tomatoes, chopped
1 English cucumber, chopped
½ small red onion, diced
1 Tablespoon lemon juice
1 Tablespoon red wine vinegar
Dash of Himalayan salt

For the tzatziki sauce:

1 cup plain Greek yogurt
1/3 cup crumbled feta cheese
2 cloves garlic, finely minced
1 teaspoon dill weed
¼ teaspoon garlic powder
¼ cup finely diced cucumber
Dash Himalayan salt

For the turkey:

1 Tablespoon olive oil
½ small red onion, diced
1 lb. lean ground turkey breast
2 cloves garlic, minced
½ teaspoon ground oregano
1/8 cup dry white wine
3 Tablespoons tomato paste
¼ cup chicken broth

Additional Ingredients:

Corn tortillas
Romaine lettuce

Instructions:

Prepare the cucumber-tomato salsa by combining tomatoes, cucumbers and onions in a bowl with olive oil, lemon juice and vinegar. Season with salt to taste; set aside while you prepare the tzatziki and turkey.

To make the tzatziki, diced the cucumbers fairly small in a medium bowl. Stir together the cucumbers into the yogurt and add the feta cheese, garlic powder and dried dill. Season with salt and set aside while you prepare the turkey.

In a large skillet over medium heat. Add the olive oil and onion and cook just until soft, about 5 minutes. Add turkey and cook 5 minutes breaking up any big pieces. Add garlic and oregano and cook 1 minute more. Turn the heat up to medium high and add white wine. Cook, stirring until most of the wine evaporates. Stir in the tomato paste and chicken broth. Turn heat back down to medium and let cook another 3-4 minutes.

When ready to assemble the tacos either grill or toast the tortillas in a dry skillet until warmed and slightly crispy. Or place in the oven on 350 degrees until warm and toasty. About 5 minutes. In each tortilla add a leaf or two of romaine and then add a scoop of turkey. Top with tomato-cucumber salsa and tzatziki.

New Years Resolutions

- ★ STOP smoking!
- ★ Find a job
- ★ Lose 15 pounds
- ★ Pay credit card debt
- ★ Volunteer
- ★ Eat Healthy
- ★ Drink Less



Shannon's Easy, Effective

New Year's Resolutions!!



Try a clean eating

challenge, where you vow to avoid processed food and eat real, whole foods instead. Try this for 30 consecutive days and when you hit the one month mark, commit to another 30 days. Repeat until this becomes the way you eat.

- ✓ Cut soda, even diet soda, and high-calorie drinks from your diet (bye-bye chocolate peppermint mocha). Get your fluids from good 'ole water, plain coffee or tea (a splash of milk or non-dairy milk is OK), and nutrient packed smoothies or Shakeology.
- ✓ Eat two extra servings of veggies every day for a month.
- ✓ Track your daily workouts.
- ✓ Learn how to portion your meals with a program like 21 Day Fix.
- ✓ Cook clean, healthy recipes at home at least four nights a week. Also, try one new recipe a week.
- ✓ When you eat out, swap your carb-filled sides (such as fries or breakfast potatoes) with veggies or fruit.
- ✓ Do at least two different types of exercise every week to keep your body guessing.

- ✓ Do your daily workout early in the morning, you'll be less likely to schedule something over your exercise time, or not do it because a last-minute meeting came up. You'll have to fight the urge to snooze, though.
- ✓ Make a workout date with a friend at least once a week. Can't get out of the house, or too cold and dark out? Invite your friend to your house and get your sweat on in your living room.
- ✓ Bring your lunch to work four days out of five.
- ✓ Limit the amount of sweetener you put in your coffee or tea. To start, reduce it by half.
- ✓ Drink a glass of water every morning when you wake up.

The Board Meeting Minutes article was not overlooked this month....the December meeting was used to prepare for the year-end presentation. Minute updates will continue in the February newsletter.

**Eastern Bartholomew Water questions or concerns?
Call Dave Dillahay at 812-603-5040**

